

# The Whole Child

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## Week 36

### Mathematical Skills

You will need a large number of lego blocks, buttons, beans or similar small items. Take turns throwing dice. Each player may take the number of items as shown on the dice.

### Gross motor skills

Let your child walk forwards and backwards on the balls of her feet. In time she should be able to run like this.

### Fine motor skills

Take your child on a nature walk and let her collect seeds, grass, leaves, etc to make a collage picture. You could also let her cut pictures from an old gardening magazine.

### Auditory perception

Continue to expose your child to a range of good quality music, classical and other. Read the suggestions about Music Appreciation at [www.shirleys-preschool-activities.com/music-appreciation.html](http://www.shirleys-preschool-activities.com/music-appreciation.html)

### Language and thinking

Ask your child what she'd like to take along on a trip to:

- a) a picnic
- b) a visit to grandparents
- c) the shops
- d) a playpark

### Faith building

Create a Thankful tree. Cut out leaf shapes for a tree on which you can write all the things your child mentions for which she is thankful.

"Give thanks to the Lord for he is good." Psalm 107:1

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## Week 37

### **Auditory Skills**

Lay out a variety of shapes in front of your child and ask her to tell her with which sound the name of each shape begins, such as 's' for square and 't' for triangle.

### **Language and Thinking Skills**

Describe a person, animal or thing that your child knows well and ask her to guess what it is. Take turns. Ask her questions if she does not describe in enough detail.

### **Visual Skills**

Find a book that has pictures with a lot of different characters or items on a page. Ask your child to identify something that you describe eg. "Find someone in a pink striped shirt with green shorts."

### **Mathematical Skills**

Let your child play with small change. Let her sort the coins into groups of the same value.

### **Gross Motor Skills**

Play ball games with your child using a tennis ball. Throw, catch and kick the ball to each other. She should be able to throw reasonably accurately to 2,5m or 7-8 feet at about age 4-5.

### **Faith Building**

Encourage your children to pray for their friends, so that they learn to be mindful of others.