

# The Whole Child

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## Week 26

### Visual Perception

Play "Shape-I-Spy...". Say, for example: "I spy with my little eye, something that is square-shaped." Your child must guess what it is. Take turns and use various shapes.

### Mathematical Skills

Play a matching game with your child. Write the numbers 1-10 on a page, then pick a number and ask your child to count out the correlating number of manipulatives (beans, blocks, buttons etc) Cut up the numbers and mix up the order as a variation.

### Gross Motor Skills

Play ball games with your child, especially a slow game of soccer. Encourage your child to run and kick the ball.

### Fine Motor Skills

Do some hand exercises with your child. Ask her to make a tight fist then open her hand and spread her fingers as wide as possible. Then shake her hands and relax the fingers.

With the palms up ask her to wiggle her fingers. Also do some action rhymes that use the hands and fingers. Go to [www.shirleys-preschool-activities.com/rhymes.html](http://www.shirleys-preschool-activities.com/rhymes.html)

### Auditory Perception

Do the following activity in a busy place, like a park or supermarket. Ask your child to close her eyes and describe all the sounds that she can hear.

### Faith Building

Among the printable Bible Memory verses at <http://www.shirleys-preschool-activities.com/free-printable-preschool-worksheets.html> you will find one from Ephesians 4:32 - Be kind to one another. Talk to your children about being kind. Talk about bullies and how it is unkind to pick on smaller children and how we should stand up for others if someone is being unkind to them. They should tell an adult if this happens too.

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## Week 27

### **Language and Thinking**

Read your child a story about Spring or Fall, depending on the season where you live. Talk about the four seasons of the year, when they occur, how we recognize them. Use this activity to expand your child's vocabulary on this topic.

### **Visual Perception**

Using wooden blocks or construction blocks, design an object for your child to build and draw it two dimensionally on paper. Your child must copy the design using the blocks to build the design.

### **Mathematical Skills**

Play a 'counting on' game. Say to your child, "if I have two buttons and I get three more buttons, count how many I have altogether." She must then start from two and count onwards, three, four, five, to reach the answer. If she masters this, then use higher numbers, but make sure she is able to succeed at the game.

### **Gross Motor Skills**

Let your child balance on one leg. See if she can last for 10 seconds. She should be able to hop forward about 8 times on one leg too.

### **Fine Motor Skills**

Let your child toss a bean bag from one hand to the other. Encourage her to increase the distance between her hands as she masters this skill.

### **Faith Building**

Talk your children about being quick to obey. In our home we tell our children that 'slow to obey' is disobedience. Give examples that illustrate the importance of listening immediately e.g. when crossing a road, if mom says "stop" it could save a life! If necessary, do some role playing to get the message across. Teaching your children to be quick to obey will ultimately save you from losing your patience with your children! Never, count to three as this is training your child only to obey at number three!