

The Whole Child

Week 22

Fine Motor Skills

Let your child draw on a vertical surface, like a blackboard or a large sheet of paper or newspaper taped to a wall. Encourage her first to make large scribbles that can be seen from far away, using the whole arm from the shoulder. Then let her draw smaller scribbles, using just the wrist and fingers and finally, she must use just the fingers to make tiny scribbles. Check that your child moves her hand across her midline when doing these exercises.

Auditory Perception

Choose a piece of classical music to listen to together with your child. Ask her to tell you what it 'describes' to her. Encourage her imagination as she interprets the music for you. There is no wrong answer here!

Language and Thinking

Play a memory game with some children's playing cards. Place a number of cards face down. Each player get to turn over two at a time and then place them face down again. The aim of the game is to find two matching cards. If the cards are matching, the person who found them must keep them, until no more pairs remain.

Visual Perception

Find a book with pictures that contain lots of detailed images. Look at a picture or double page spread together, then close the book and ask your child to describe as much as she can remember.

Mathematical Skills

Create as many opportunities as you can for your child to practice counting. If you are in the car, let her count the oncoming vehicles, if you are in the kitchen, let her count cutlery or fruit etc.

Faith Building

Continue to encourage your children to thank the Lord for his provision. If you don't already, let them pray before eating their food and give thanks.

The Whole Child

Here is a song to sing, to the tune of "I hear thunder" or "Frere Jacques":

*Thank you, Father, thank you, Father
For this food, for this food
And your many blessings
And your many blessings,
A-a-men, A-a-men.*