

# The Whole Child

## Free Preschool Readiness and Developmental Activities

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### Week 20

#### Language and Thinking

Help your child develop new vocabulary and ideas by deliberately using descriptive phrases and comparisons. Use similes like "as light as a feather" or as "good as gold". You could also play a game of making comparisons like: The jersey is as black as ... This is as sweet as, as cold as..., as warm as ...etc

#### Visual Perception

Show your child a certain shape, like a square, circle, triangle etc and ask her to see how many objects she can find in the house that have the same shape.

#### Mathematical Skills

Allow your child to pay for some small items that you buy, perhaps bread and milk or other items. Begin to explain the concept of 'change'...that if you give more money than the items cost, that you receive money back. Your child may not grasp the idea fully, but begin talking about how money is used.

#### Gross Motor Skills

Stand in front of your child and do movements that she must copy in mirror image. When you lift your left arm, she must lift her right arm etc.

#### Fine Motor Skills

Let your child decorate the edges of a piece of paper or card with paper clips. Alternatively, let her peg clothes pegs around the paper to develop manual dexterity and hand-eye co-ordination.

#### Faith Building

Read John 12:1-3. Mary poured expensive perfume on Jesus' feet – she gave him something precious. Encourage your children to be generous too. We should not just give away possessions that are old and of no use to us. True giving is a sacrifice that costs us, while blessing another.