

The Whole Child

Free Preschool Readiness and Developmental Activities

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Week 18

Mathematical Skills

Play a dice game to count construction blocks, beads, beans or any small items. Take turns throwing the die. Then take as many blocks as are represented. Continue until all the blocks are divided between you.

Gross Motor Skills

Encourage your child to play in sand – making pies or cookies or making roads for toy cars, mountains, gardens or anything else.

Fine Motor Skills

Encourage your child to brush her own teeth. At age 4-5 she should begin to master this skill. You can brush them afterwards to make they are well-brushed if need be. She should also manage to lay cutlery on a table (even if reversed), dress herself, manage press-studs and wash and dry her face.

Auditory Perception

Play a game with code words. Decide on a word that means your child must run in a certain direction, say 'toothpaste'. When you say 'tomato' she must freeze and stand still. Any other words you say must be ignored - then use other words like 'tiger, potato, tomorrow,' to try and catch her out. This game helps her react to instructions quickly.

Language and Thinking Skills

Read a book about animals of different kinds, if possible. Talk about why different animals could not swap homes or environments. Why can't a cat live in a fishbowl? Why can't a dog live in a bird's nest?

Faith Building

Last week you added rain to your prayer tree which started in Week 15. Place a fruit over any flowers/prayer requests which have already been answered and date the fruit.

This week ask your children about 'weeds'. Weeds represent sin in our lives that will choke blessings and prevent good growth. Weeds can be repeated sins that need to be rooted out, worries that need to be given to the Lord in prayer, unconfessed sins or anything that will hinder our relationship with Jesus. Talk about this and ask your children if there are any specific weeds that need to be dealt with.