

The Whole Child

Free Preschool Readiness and Developmental Activities

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Week 17

Gross Motor Skills

To create body awareness cut parts of the body from magazine pictures. Ask your child to arrange them in order from head to feet and paste them on paper. The parts need not match or be in realistic proportions. Talk about the relationship between the different size body parts. "This hand is smaller/bigger than the arm" etc.

Fine Motor Skills

Let your child play with wooden blocks. Wood has different textures than plastic and each type has its own smell too. She will learn to create representations of visual concepts as well as discover building techniques.

Auditory Perception

Play a listening memory game. If the weather is fine, you could go on a listening walk. Ask your child to listen and recall afterwards as many different sounds as possible. If you are indoors, sit quietly and see how many sounds she can hear. e.g. a computer humming or a fridge running, passing traffic, a bird or dog outside, wind, etc.

Language and Thinking Skills

Ask your child to close her eyes while you take her on an imaginary journey. You must both picture the words you describe. Take her on...

- A balloon ride over the city
- A hike through the bush
- A boat trip on a rough sea
- A truck trip through the desert to an oasis

Let her have a turn or help describe details too.

Visual Skills

Draw two identical shapes on a chalkboard, but leave one shape incompletely drawn for your child to complete. Begin with geometrical shapes like circles, squares, houses, then draw more complex ones, stick figures etc.

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Faith Building

If you are creating a prayer tree as suggested in Week 15, it should already have some flowers (prayer requests, dated) and some fertilizer on the grass (scriptures to memorize at www.shirleys-preschool-activities.com/free-printable-preschool-worksheets.html).

This week, talk to your children about the rain in your lives. Rain is like bad weather in our lives, difficulties, trials or afflictions that we experience, but like rain on plants, it is temporary and helps us to grow and seek the Lord. Create some raindrops and on each one write some of the trials that your child or family is experiencing (and praise God for them!)