

# The Whole Child

## Free Preschool Readiness and Developmental Activities

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### Week 16

#### Fine Motor Skills

Give your child a long piece of ribbon or even a skipping rope. Ask her to hold it by one end and twist her hand in circles to make spirals with the ribbon. Then ask her to shake it back and forth so that it 'slithers' like a snake. Let her flick the ribbon into the air and catch the 'tail' of the snake with her other hand. This may take some practice. Encourage her to create other patterns with the ribbon or rope.

#### Auditory Perception

Teach your child some [action rhymes](#) and encourage her to do the actions too.

#### Language and Thinking Skills

Find a text-free storybook at the library or alternatively use a story book that your child does not know. Look at the pictures together and ask your child to tell you the story. Choose a book that lends itself to this kind of activity. Some titles:

*Goodnight Gorilla* by Peggy Rathmann (text free)

*A Boy, A Dog and A Frog*, Mercer Mayer (text free)

*Harry the Dirty Dog*, Gene Zion (text)

#### Visual Skills

Using coloured beads, construction blocks or coloured pegs on a pegboard or any other similar toys, ask your child to arrange repetitive patterns. Begin with simple combinations and let her enjoy success!

#### Mathematical skills

Demonstrate the concept of subtraction to your child. Begin with five items. Ask your child to tell you how many remain if you remove one. Now remove another item and repeat until none are left.

Use [counting rhymes](#) like Ten Green Bottles or Five Little Speckled Frogs (lyrics are on my site) to reinforce this activity in a fun auditory fashion!

#### Faith Building

If you have made a prayer tree as suggested last week, write the references of the [Bible memory verses](#) that your children learn on the grass. Tell your children that like fertilizer on a lawn, God's word strengthens our faith. It also is the root and foundation of our faith.