

# The Whole Child

## Free Preschool Readiness and Developmental Activities

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### Week 15

#### **Auditory Perception**

Lay out a variety of different shapes in front of your child. Ask her to tell you with which sound the name of each shape begins. "s" for Square, "t" for Triangle etc.

#### **Language and Thinking Skills**

Describe a person, animal or thing that your child knows well. She must guess what or whom you are describing. Take turns. You can ask your child questions if she does not give you enough information.

#### **Visual Skills**

Use a book that has lots of different items or pictures on a page, like a picture dictionary. Ask your child to point out something that you describe to her by its colours. Say something like: " I can see something that is green and pink. Guess what it is." Take turns.

#### **Mathematical skills**

Write the names of the rooms in your home on some small cards or pieces of paper. Play a game with dice and these cards. Place the cards face down in front of the two of you. You and your child each take a turn to turn to turn over a card and throw the dice. The person whose turn it is must name the same number of objects from that room as shown on the dice. Example: card – bedroom, dice =5. The player must name five objects found in the bedroom. Take turns and rearrange the cards often.

#### **Gross Motor Skills**

Play ball games with your child using a tennis ball. Throw and catch, and kick the ball to each other. Notice whether your child's dominant hand is the same as her dominant foot. She should be able to throw reasonably accurately to about 2.5m or 7-8 feet.

#### **Faith Building**

If you and your children are in the habit of praying together, buy a poster board and make a large Prayer Tree. Draw or paint a large tree and cut out some paper flower shapes to paste on the tree with sticky putty. Write briefly or draw a picture of the thing or person you are praying for. When your prayers are answered stick a fruit over the blossom of faith. This is a wonderful visual faith builder!