

The Whole Child

Free Preschool Readiness and Developmental Activities

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Week 13

Visual perception

Place four shapes in a row and ask your child to name each shape. Then cover the shapes and ask her to arrange four more of the same shapes in the same order. Uncover the original row and see how well she did. Take turns playing the game or invent your own variations.

Mathematical skills

Using construction blocks, ask your child to build a number of columns (about 10) of varying length with the longest columns being 5 blocks high. Ask her to arrange them all according to their length. She must sort them according to the number of blocks in each column.

Gross Motor Skills

Encourage your child to toss a large ball into a bin, basin or laundry basket. Each time she succeeds, ask her to take a large step further away from the basket. When you reach the distance at which she struggles to succeed, let her take a step forward again and have fun succeeding!

Fine Motor Skills

Give your child a large square or rectangular scarf or other similar cloth. Ask her to roll it from one side into a thin 'sausage'. Then let her unroll it, scrunch it into a ball, throw it up and catch it a few times.

Auditory Skills

Say three rhyming words and one odd word and ask your child to identify which word sounds different from the rest. E.g.

- Box, fox, duck, socks
- Hand, band, sand, spoon
- Star, snow, bar, car

Faith Building

Continue helping your child to memorize a verse of Scripture each week or every two weeks, depending on the length of the verse. There are free printable Bible memory verse cards at <http://www.shirleys-preschool-activities.com/free-printable-preschool-worksheets.html>.

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