

The Whole Child

Free Preschool Readiness and Developmental Activities
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Week 10

Mathematical skills

Let your child play with dominoes. Let her sort them into groups so that all the ones, twos, threes, fours and fives are together. (While you're at it, show her the 'domino effect' of falling dominoes too!)

Gross Motor Skills

Let your child hop forwards on one leg at a time. At age 4-5 years she should be able to jump about 8 times on ONE leg.

Fine Motor Skills

Let your children paint a picture with thick paints. To minimize mess, you could limit her to just the three primary colours. She should manage to load the brush and paint alone. Do this one outside if you can to keep your stress levels down!

Play any games that you have that are matching games or involve recognizing shapes. Alternatively, repeat the hopscotch shape game from last week.

Auditory Skills

Sing songs with your child. Decide on hand signals to tell you to sing louder or softer. Take turns giving each other the signals.

Language and Thinking Skills

Ask your child to act out a song that she knows or to act out a story or nursery rhyme.

Faith Building

Help your children to memorize a verse of Scripture each week or every two weeks, depending on the length of the verse and how long it takes her to learn. There are some nice ones with pictures to make learning them easier at Shirley's Preschool Activities:

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