

# The Whole Child

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## September

### 1. Gross motor skills

Hold your child by the ankles and let her walk on her hands like a 'wheelbarrow'. This strengthens the muscles of the shoulder girdle.

### 2. Fine motor skills

Manual Dexterity: Give your child some colourful clothes pegs to play with. She can clip them around a piece of card of the opening of a wide plastic container.

### 3. Visual skills

Colour Perception/Classification: Let your child sort coloured clothes pegs or building blocks according to colour. She might not know the names of the different colours yet, so name them as you play.

### 4. Auditory skills

Auditory discrimination: Ask your child some easy questions to which he knows the answer first in a normal voice, then in a whisper that becomes softer and softer each time. He will probably also talk increasingly softly and will need to figure out any words you say that are not clearly audible to him. Continue the activity, speaker gradually louder and louder.

### 5. Mathematical skills

Numerical Conceptualising: Ask your child to perform any action either once or twice eg. Two jumps, then ask him to do one clap, two nods of the head, one step forward etc to help her to distinguish between one and two.

### 6. Language skills

Active Language Development: Read a book about animals together and ask your child to imitate the noises that the various animals make.

### 7. Faith-building

Whenever your child gets a bump or a scratch, comfort her and tell her you are sorry it happened, then ask Jesus to heal her.

Bible Reading: Continue with your Bible reading and prayers as part of your bed-time routine. My little ones have enjoyed reading [The Beginners Bible](#).