

## October

### **1. Gross motor skills**

Balance: Let your child climb stairs alone!

### **2. Fine motor skills**

Manual Dexterity: Encourage your child to master eating with a knife and fork.

### **3. Visual skills**

Colour perception: Using wooden blocks or construction blocks, place two different coloured ones on a table and ask your child to copy your pattern. You can repeat the activity and add more blocks as he progresses.

### **4. Auditory skills**

Play some rhythmic songs to your child and ask her to clap or drum in time to the music. Drumming also develops fine motor skills and co-ordination.

### **5. Mathematical skills**

Dimensions: Compare the sizes of various household items such as pencils, jars, plastic containers, boxes etc. and help your child understand the concepts of large and small.

### **6. Language skills**

Have a conversation with your child and ask her about her daily routines. Ask questions such as:

What do you do before you bath? ---I get undressed.

What do you do before you go to bed? --- I say "Goodnight" to Daddy

What do you do before you eat? --- I wash my hands

### **7. Faith-building**

Remind your child that the Lord promises never to leave us or forsake us in Joshua 1:5. We can always call upon him and be comforted that he watches over us.