

The Whole Child

www.shirleys-preschool-activities.com

November

1. Gross motor skills

Let your child jump from a step of about 15-20cm (1 ft).

2. Fine motor skills

Manual Dexterity: Give your child an empty bottle with a screw top lid to open and close or a doll to dress and undress.

3. Visual skills

Spatial Relations: Build a simple construction with wooden or other big construction blocks. For example, build a house. Let your child then build a similar one on his own. Build more complex constructions as he progresses.

4. Auditory skills

Association: Play the game 'musical statues' with your child or a few of her friends. They must start dancing or moving when you start the music and then stop when the music stops. Give them loud clear instructions.

5. Mathematical skills

Counting Skills: Let your child count her body parts. Ask her questions like:

How many eyes (ears, noses, mouths, hands, feet, etc) do you have?

How many ears does the (dog/cat/doll/teddy) have?

6. Language skills

Reasoning: Talk to your child about any difficulty or challenge that he experiences. Help him to think about what the problem is, what causes the problem and how to solve it. For example: Explain to him how to eat without messing, why it is dangerous to run across a road, why it is good to help tidy up toys etc.

7. Faith-building

Tell your child as often as you can that you love her all the time (not just when she is well-behaved) and that she is a gift from God to her parents. Tell her that God loves her too, and will always love her.

"Pleasant words are a honeycomb, sweet to the soul and healing to the bones."
Proverbs 16:24