

The Whole Child

www.shirleys-preschool-activities.com

March

1. Gross motor skills

Let your child pretend that he is a windmill and swing his arms in a circle without bending them, one after the other. Encourage him to swing them in such a way that they cross the midline of his body. Tell him the wind is blowing softly or hard and let him speed up or slow down his motions accordingly.

1. Fine motor skills

Colouring: Let your child cover an entire piece of paper or blackboard with overlapping circles that she has drawn. Then let her colour the overlapping sections in different colours. Use the paper for cards or decoration.

3. Visual skills

Play games while looking at pictures where your child must point out different geometric shapes, such as circles, squares and triangles. Use the free printable pictures provided for Preschool Shapes Activities at <http://www.shirleys-preschool-activities.com/preschool-shapes-activities.html>

4. Auditory skills

Visit the website "Classics for Kids" and let your child listen to [The Golliwog's Cakewalk](http://www.classicsforkids.com/music/music_view.asp?id=12) by Debussy at http://www.classicsforkids.com/music/music_view.asp?id=12.

A 'golliwog' is a type of rag doll, and the 'cakewalk' is a dance that was popular in the music halls of the 1890's. Let your child dance or move to the different tempos of the piece of music. She could dance with a doll or teddy bear too, just for fun.

5. Mathematical skills

Refer to Issue 069 of The Whole Child.

6. Language and thinking skills

Use the free printable pictures provided for [Preschool Shape Activities](http://www.shirleys-preschool-activities.com/preschool-shapes-activities.html) and talk about all the objects shown in the pictures: <http://www.shirleys-preschool-activities.com/preschool-shapes-activities.html>

7. Faith-building

Spend sometime lying on your back outside under the stars one night – on a week-end if your child usually goes to bed early – and marvel at the countless number of them, made by our Creator.