

August

1. Gross motor skills

Balance: Hold hands with your child and balance on one leg each together. See if she can balance for a few seconds!

2. Fine motor skills

Manual Dexterity: Let your child scribble or draw freely on an upright blackboard or a large sheet of paper taped to a wall. Let her use thick chalk or crayons.

3. Visual skills

Colour perception: Have special colour days where you focus on one particular colour at a time. On a 'red' day, point out that your child is wearing say a red T-shirt, eating a red apple, drinking from a red cup, etc.

4. Auditory skills

Sit quietly and ask your child to listen carefully to the sounds in the environment. Listen to noises in your home and outside eg. A computer or fridge humming, a washing machine, birds, cars, wind, rain etc.

5. Mathematical skills

Counting skills: Take turns throwing a die and help your child to count the dots. Two year olds normally have a good understanding of the concepts of one and two but can count further.

6. Language skills

Have regular story times with your child. Ask predictive questions at regular intervals eg. What do you think the (main character) is going to do next? Or What's going to happen next?

Also take time to answer any questions that your child may want to ask. Encourage his interest and participation in reading.

7. Faith-building

Teach your children that it is not just 'bad guys' and criminals that are bad. We are all sinful people that do 'bad' things. Explain that if we tell Jesus that we know we are bad and that we sin, he promises to take away our sins and make us 'good' and righteous, according to 1 John 10:10. This could be an opportunity to let your little one pray the sinner's prayer and give his or her heart to the Lord. It is never too early!